

PROSPECTUS FOR ADMISSION TO DIPLOMA PROGRAMMES IN AYURVEDA ALLIED HEALTH SCIENCES



Amala
AYURVEDIC HOSPITAL & RESEARCH CENTRE
NABH Accredited | ISO 9001:2015 | Ayur Diamond

DIPLOMA IN

AYURVEDA NURSING

AYURVEDA THERAPY

AYURVEDA PHARMACY

AMALA AYURVEDA HOSPITAL AND RESEARCH CENTRE

Amala Institute of Medical Sciences (AIMS), named after the Blessed Virgin Mary, is a multidisciplinary medical institution offering comprehensive healthcare, education, research, and community outreach programmes. Amala Institute of Medical Sciences traces its origin to Amala Cancer Hospital, established in 1978 by Padma Bhushan Fr. Gabriel Chiramel CMI, the Founder Director of the institution. The institute is managed by the Devamatha Province of the CMI Congregation, founded by Saint Kuriakose Elias Chavara.

Amala Ayurvedic Hospital and Research Centre is an 85-bedded Ayurveda hospital committed to delivering quality healthcare through the integration of traditional Ayurvedic principles with modern medical infrastructure. Established in February 1982 in the Amala Institute of Medical Sciences campus, the hospital has evolved into a centre for patient care, education, and research in Ayurveda. The hospital also has an in-house Ayurvedic medicine manufacturing unit. It provides authentic Ayurvedic treatment for a broad spectrum of diseases, including rheumatic disorders, peptic ulcer, psoriasis, hemiplegia, paraplegia, facial paralysis, and various other acute and chronic ailments.

Amala Cancer Hospital and Research Centre was established in 1978 as charitable institution aimed at treatment and management of Cancer in Central Kerala. Over the years, Amala has grown to become one of the major voluntary territory level hospitals in India having modern diagnostic, therapeutic and research facilities to combat Cancer and other ailments. This 1000 bed hospital complex is unique in having three principal systems of medicines namely Allopathy, Ayurveda and Homoeopathy in the same campus. Over the years, Amala evolved into a full-fledged Medical College with more than 25 clinical and super-specialty departments, offering advanced medical education, patient care, and research alongside its expanding healthcare services.

At present, Amala is home to a Medical College, Ayurvedic Hospital & Research Centre, College of Nursing, College of Allied Health Sciences, Homeopathic Hospital and Research Centre, School of Nursing, Medicine Preparation Unit associated with Amala Ayurvedic Hospital and Bethanygram (A home for the aged). Amala has a dedicated Research Unit that promotes interdisciplinary research, clinical innovation and evidence-based healthcare across its various medical specialties.

1. VISION

To be a foremost teaching hospital known for its excellence in holistic health care, quality education and research.

2. MISSION

- Employing the best possible staff
- Providing state-of-the-art facilities in an eco-friendly ambience.
- Imparting affordable, inclusive, quality health care to all.
- Catering to the physical, emotional and spiritual needs of the patients.
- Following merit based transparent and non-exploitative admission procedure.
- Challenging our students to become forward-looking, dedicated health care personnel with the hallmarks of competence, integrity and compassion.
- Instilling in the staff and students respect for life at every stage of its growth and in all its manifestations.
- Inspiring the students to reach out to the poor and the marginalized, especially those in the rural areas.
- Promoting, innovative research that will benefit the humanity

3. VALUES

- Honour
- Compassion
- Abundance
- Ethical Professionalism
- Homely Feeling

PROSPECTUS FOR ADMISSION TO DIPLOMA PROGRAMMES IN AYURVEDA ALLIED HEALTH SCIENCES, KERALA 2026-27

This Prospectus contains the general information and rules relating to admission to the Government of Kerala-approved Diploma Programmes in Ayurveda Nursing, Ayurveda Pharmacy, and Ayurveda Therapy for the Academic Year 2026-27.

DIPLOMA IN AYURVEDA NURSING

Duration of Course: 1 Year.

The course shall comprise 10 months of academic training, followed by a compulsory internship of 2 months at the same institution in which the candidate is undergoing the course, after successful completion of the examination.

The Diploma in Ayurveda Nursing is a specialised programme designed to equip qualified nursing professionals with comprehensive knowledge and practical skills in Ayurvedic healthcare by integrating traditional principles with modern nursing practices. The curriculum is structured into modules covering fundamental and applied aspects of Ayurveda, including basic concepts, anatomy and physiology, pharmacology, Swasthavruttha (preventive care), Aturavruttha (clinical care), Panchakarma therapies, and Keralaeya Vishesha Chikitsa, along with nursing management and health programmes. Emphasis is placed on hands-on training in procedures such as Snehana, Swedana, and Panchakarma, ensuring practical competence in patient care and therapeutic applications. The programme also incorporates exposure to public health initiatives, accreditation standards, and healthcare management within the ayurvedic system.

DIPLOMA IN AYURVEDA PHARMACY

Duration of Course: 1 Year, 8 Months.

The course shall comprise 1 year and 6 months of academic training, followed by a compulsory internship of 2 months at the same institution in which the candidate is undergoing the course, after successful completion of the examination.

The Diploma in Ayurveda Pharmacy is a comprehensive programme designed to equip learners with the knowledge and practical skills required to function effectively as Ayurveda pharmacists in clinical, hospital, and community settings. The curriculum is structured into modules covering fundamental concepts such as Moulika Vijnana (basic principles of Ayurveda), anatomy and physiology, Dravyaguna Vijnanam (pharmacology), Nirmana Vijnana (Ayurvedic

pharmaceutics), pharmacotherapeutics, community and hospital pharmacy, and social pharmacy, along with law and ethics. It provides in-depth understanding of topics including Tridosha, Dhatus, Srotas, drug identification, collection, standardisation, pharmacognosy, formulation techniques, quality control, and safe dispensing practices. Emphasis is placed on hands-on training in drug preparation, packaging, sterilisation, laboratory testing, and handling of medical aids, ensuring competency in real-world pharmacy operations.

DIPLOMA IN AYURVEDA THERAPY

Duration of Course: 2 Years.

The course shall comprise 1 year and 6 months of academic training, followed by a compulsory internship of 6 months at the same institution in which the candidate is undergoing the course, after successful completion of the examination.

The Diploma in Ayurveda Therapy is a comprehensive training programme under the healthcare sector aimed at developing skilled Ayurveda therapists and Panchakarma therapy assistants with both theoretical knowledge and strong practical competencies. The curriculum is structured into six papers and twenty modules covering core areas such as the history and basic principles of Ayurveda, human anatomy and physiology (Sareera Vijnana), Ayurvedic drugs and formulations, Panchakarma and its preparatory procedures, Keraleeya Vishesha Chikitsa. Kriyakalpa, yoga, and physiotherapy. The programme places strong emphasis on hands-on training, enabling students to perform procedures such as rookshana, snehana, swedana, assist in Panchakarma therapies, manage Panchakarma theatres, and support specialised treatments for sensory organs, while also gaining foundational knowledge in yoga and physiotherapy relevant to Ayurvedic care.

Admission to the Diploma Programmes in Ayurveda Allied Health Sciences for the Academic Year 2026–27 shall be conducted through the following two streams: Government Quota and Management Quota.

- **Government Quota Seats:** These seats shall be filled through the Centralized Allotment Process (CAP) conducted by the LBS Centre for Science and Technology, based on the rank list published by the LBS Centre. (www.lbscentre.kerala.gov.in)
- **Management Quota Seats:** These seats, earmarked in Government Undertaking and Private Self-financing institutions, shall be filled directly by the respective Managements in accordance with the applicable Government orders, regulations, and eligibility criteria.

COURSE OFFERED	GOVERNMENT SEAT	MANAGEMENT SEAT
Diploma in Ayurveda Nursing Course	15	15
Diploma in Ayurveda Therapy Course	15	15
Diploma in Ayurveda Pharmacy Course	13	12

Fee Structure for Management Quota Admissions:

Fees Head	Diploma in Ayurveda Nursing	Diploma in Ayurveda Therapy		Diploma in Ayurveda Pharmacy	
	Annual Fee	1st Year	2nd Year	1st Year	2nd Year
Tuition fee for Management Seat	25,000	25,000	25,000	25,000	25,000
Caution Deposit (Refundable)	2000	2000		2000	

Note: The fees mentioned above do not include the cost of study materials and uniforms. The charges for study materials and uniforms shall be payable separately.

ELIGIBILITY CRITERIA FOR ADMISSION

A. NATIVITY

Only Indian citizens are eligible for admission to DAAHS courses unless otherwise notified. The Overseas Citizen of India Cardholder (including PIO cardholder) shall be eligible for admission only against any Non-Resident Indian seat or any supernumerary seat, provided that the OCI cardholder shall not be eligible for admission against any seat reserved exclusively for Indian citizens. (As per Government of India Gazette Notification dated 04.03.2021 and G.O(Rt) No.1264/2021/HEDN dated 23.09.2021).

Candidates seeking admission to DAAHS courses will be categorised as Keralite, Non-Keralite Category. Non-Keralite candidates will be considered for 'State Merit' seats under Government seats and Management Quota seats. They will not be eligible for Communal/ Special/Persons with Disabilities reservation or any fee concession.

Certificates to prove Nativity

Keralites: In order to prove that candidate is an Indian Citizen of Kerala origin for the limited purpose of eligibility for admission, he/she should produce one of the following certificates.

- The relevant page of Secondary School Leaving Certificate of the candidate showing the place of birth in Kerala.

OR

- The relevant page of the Secondary School Leaving Certificate of either of the parents of the candidate showing Place of Birth in Kerala with corroborative certificate to establish the relationship between the parent and the candidate.

OR

- The relevant page of the Passport of the candidate, issued by Government of India, showing Place of Birth in Kerala or of either of the parents of the candidate showing Place of Birth in Kerala with corroborative certificate to establish the relationship between the parent and the candidate.

OR

- A certificate of birth from the authority competent to register birth (Panchayat/ Municipality/ Corporation) showing the candidate's or either of the parents (in which case corroborative certificate to establish the relationship between the parent and the candidate is necessary) place of birth in Kerala, to be issued by a competent registering authority.

OR

- A certificate from the Village Officer/Tahsildar to show that the candidate or his/her father/mother was born in Kerala. (Annexure 1)

OR

- A certificate in the format given in (Annexure 1) from the competent authority showing that the parent of the candidate is an All-India Service Officer allotted to Kerala cadre.

B. ACADEMIC/GENERAL ELIGIBILITY

● DIPLOMA IN AYURVEDA NURSING

Eligibility: General Nursing and Midwifery (GNM)

Upper Age Limit: 33 years (General), 38 years (SC/ST), 40 years (Ex-service persons) - The age of the candidate shall be reckoned as on 01.07.2026.

Note: Persons with Disabilities (PwD) candidates are not eligible for admission to the Diploma in Ayurveda Nursing Course.

● DIPLOMA IN AYURVEDA THERAPY

Eligibility: Pass in Plus Two or equivalent

Upper Age Limit: 33 years (General), 38 years (SC/ST), 40 years (Ex-service persons) – The age of the candidate shall be reckoned as on 01.07.2026.

Physical Standards/Measurements (Applicable only for Diploma in Ayurveda Therapy Course). Candidates must be in good physical health and meet the following minimum standards:

Male Candidates: Minimum height – 162.5 cm; Minimum weight – 46 kg

Female Candidates: Minimum height – 147 cm; Minimum weight – 36kg

Note: Persons with Disabilities (PwD) candidates are not eligible for admission to the Diploma in Ayurveda Therapy Course.

● DIPLOMA IN AYURVEDA PHARMACY

Eligibility: Pass in Plus Two or equivalent

Upper Age Limit: 33 years (General), 38 years (SC/ST), 40 years (Ex-service persons) – The age of the candidate shall be reckoned as on 01.07.2026.

Note: Only unmarried candidates shall be eligible for admission under the Management Quota to the Diploma Programmes in Ayurveda Nursing, Ayurveda Therapy, and Ayurveda Pharmacy.

Selection Process for Management Seats

Admission to the Diploma in Ayurveda Nursing, Diploma in Ayurveda Therapy, and Diploma in Ayurveda Pharmacy under the Management Quota shall be made on merit as assessed on the basis of the marks secured by the candidates in the qualifying examination and their performance in the interview.

1. For the Diploma in Ayurveda Nursing, the qualifying examination shall be the General Nursing and Midwifery (GNM) Examination.
2. For the Diploma in Ayurveda Therapy and Diploma in Ayurveda Pharmacy, the qualifying examination shall be the Higher Secondary (Plus Two) or an equivalent examination.

After verification of the applications and certificates, the eligible candidates shall be called for an interview by the Selection Committee. The Selection Committee shall prepare the list of selected candidates based on the selection criteria prescribed.

Candidates shall produce all original certificates and other relevant documents for verification at the time of the interview. The date, time, and venue of the interview shall be intimated separately.

HOW TO APPLY

Candidates seeking admission to the courses under the Management Quota shall apply online through the website www.amalaayurveda.org. The application process is entirely online.

An application fee of Rs. 250/- (Rupees Two Hundred and Fifty only) shall be remitted through NEFT/RTGS/UPI. The application fee, once remitted, shall not be refunded under any circumstances.

All the basic information required in the application shall be entered online. The information provided by the candidate shall be used for processing the application. The candidate shall select the course(s) for which he/she wishes to apply. The application form shall be completed carefully by furnishing all the information required. Furnishing false information or suppression of relevant facts in the application will lead to cancellation of candidature at any stage of admission. Incomplete applications and applications submitted after the prescribed deadline shall be summarily rejected. Candidates shall ensure that all the details entered are correct before confirming the submission.

Certificates/Documents to be Uploaded in the Online Portal

1. Scanned copy of the S.S.L.C. Book or any other relevant document as proof of date of birth.
2. Any one of the certificates as proof of nativity.
3. Mark list of the qualifying examination as proof of academic eligibility.
4. Recent passport-size photograph.

After successful submission of the online application, the candidate shall take a printout of the confirmation page and retain it for future reference. The hard copy of the duly filled application form, along with self-attested copies of the required documents, shall be submitted at the Amala Ayurveda Admission Desk.

The last date for online submission of applications is 05/09/2026.

Account Details:

A/C Name	Amala Cancer Hospital Society
A/C No	0462053000001807
Bank	South Indian Bank Ltd.
Branch	Amala Nagar Branch
IFSC Code	SIBL0000462

The list of selected candidates shall be published by the Principal, Amala Ayurvedic Hospital and Research Centre, on the day following the interview.

ADMISSION

1. The selected candidates shall be informed of the date and time of admission.
2. The candidate shall remit the full first-year course fee at the time of admission.
3. Candidates shall confirm their admission by submitting the following original certificates/documents at the time of admission.
4. Candidates who are allotted seats shall report to the Principal/Head of the concerned institution for admission on the notified date with the required original documents.

Documents (in original) to be produced at the time of admission under the management quota

1. Printout of the online application confirmation page.
2. S.S.L.C. Book or any other relevant document as proof of date of birth.
3. Original certificate and mark list of the qualifying examination.
4. Transfer Certificate and Conduct Certificate from the institution where the candidate studied last.
5. Original of all uploaded documents
6. Two recent passport-size photographs of the candidate.
7. Eligibility Certificate/Equivalency Certificate of the qualifying examination, if applicable.
8. The student who qualifies from other universities/board should produce migration certificate at the time of admission.

Refund of fee: Candidates who cancel their admission before the closing date of admission are eligible for refund of fees. No interest will be paid to the candidate on the amount due to him/her.

Preventive Measures against Ragging:

According to the Kerala Prohibition of Ragging Act, 1998, 'ragging' means doing of any act by disorderly conduct to a student of an educational institution, which causes or is likely to cause physical or psychological harm or raising apprehension or shame or embarrassment to that student and includes teasing or abusing or playing practical jokes or causing hurt to such students or asking a student to do any act or to perform something which such student will not in the ordinary course be willing to do.

All institutions will have to abide by the directives of the Honourable Supreme Court of India, Dated May 16, 2007 in SLP No. (S) 24295 of 2006 University of Kerala Vs Council, Principal's, Colleges, Kerala & Ors [with SLP (C) No.24296-99/2004 & W.P (Crl) No. 173/2006 & SLP (C) No.14356/2005] and the recommendations approved by the Honourable Supreme Court of India on effective prevention of ragging in educational institutions.

In case, the applicant for admission is found to have indulged in ragging in the past or if it is noticed later that he/she has indulged in ragging, admission may be refused or he/she shall be expelled from the educational institution. It shall be the collective responsibility of the authority of the institution to see to it that effective steps for preventing ragging are taken. Anti-ragging committees and anti-ragging squads will have to be formed to take effective measures against ragging and they should adhere to the stipulations and effectively monitor and comply with the directives.

Each of the student of the institution and his/her parents, or guardian are required to submit a combined undertaking at the time of admission in prescribed format available in Annexure 2 which is mandatory for admission.

Liquidated Damages

Diploma in Ayurveda Nursing: If any candidate discontinues the course after the cut-off date prescribed by the Government for closure of admissions, he/she shall be liable to pay liquidated damages of Rs 10,000 (Rupees Ten Thousand only), along with the amount received as stipend, allowances, etc., with interest at 4%. Any other applicable liabilities shall also be payable. The Transfer Certificate will be issued only after remittance of the full amount of liquidated damages to the concerned authority.

Diploma in Ayurveda Therapy & Ayurveda Pharmacy: If any candidate discontinues the course after the cut-off date prescribed by the Government

for closure of admissions, he/she shall be liable to pay liquidated damages of Rs 20,000 (Rupees Twenty Thousand only), along with the amount received as stipend, allowances, etc., with interest at 4%. Any other applicable liabilities shall also be payable. The Transfer Certificate will be issued only after remittance of the full amount of liquidated damages to the concerned authority.

Hostel Facilities

The institution provides separate hostel facilities for male and female candidates, subject to availability. Candidates opting for hostel accommodation shall pay the prescribed hostel and mess charges separately. The details of the hostel and mess fees shall be communicated at the time of admission.

All enquires to:

Principal
Amala Ayurvedic Hospital and Research Centre
Amala Nagar, Thrissur – 680555
Phone : 04872303000, 9188303000



ANNEXURE 1

CERTIFICATE TO PROVE NATIVITY FOR KERALITES

Candidate should submit ANY ONE of the following certificates:

1. Self attested copy of Birth Certificate/SSLC/Relevant page of the Passport of candidate showing the candidate's place of birth in Kerala.

or

2. Self attested copy of Birth Certificate/SSLC/Relevant page of the Passport of candidate's father/mother showing their place of birth in Kerala along with corroborative certificate to establish the relationship between the parent and the candidate.

or

3. Original certificate issued by the competent authority showing that the parent is an AIS officer allotted to Kerala cadre with corroborative evidence proving the relationship between the candidate and the parent.

(In the absence of above certificates, obtain the following certificate from the Revenue officials to prove nativity)

CERTIFICATE OF BIRTH

In case the candidate is born in Kerala

Certified that, Shri/Smt/Kum
House Village.....
District is an Applicant for the Admission to the DAAHS
Courses 2026 and he/she was born in Kerala.

In case any of the parents are born in Kerala

Certified that, Shri/Smt/Kum is an
Applicant for the Admission to the DAAHS Courses 2026 and his/her father/
mother Shri/Smt House
Village District was born in Kerala.

Signature of Village Officer / Tahsildar / Any Competent Revenue Authority
Name and Designation

Place:

Date:

(office seal)

CERTIFICATE TO PROVE NATIVITY FOR KERALITES

Certified that Master/Kum an
applicant for admission to the Professional Degree Courses, Kerala 2026 is the
son/daughter of Shri/Smt

..... (Official address) who is a serving
officer of All India Service, Kerala cadre ofbatch.

Signature of Competent Authority:

Place:

Name:

Date :

Designation:



ANNEXURE 2

**UNDERTAKING FROM THE STUDENTS AS PER THE PROVISIONS OF
ANTI-RAGGING VERDICT BY THE HON'BLE SUPREME COURT OF INDIA**

I, Mr./Ms. Application
No. Course: student of
..... do hereby undertake on this day Month
Year the following with respect to above subject and Office Order No:
.....

1. That I have read and understood the directives of the Hon'ble Supreme Court of India on anti-ragging and the measures proposed to be taken in the above references.
2. That I understand the meaning of Ragging and know that the ragging in any form is a punishable offence and the same is banned by the Court of Law.
3. That I have not been found or charged for my involvement in any kind of ragging in the past. However undertake to face disciplinary action/legal proceedings including expulsion from the institute if the above statement is found to be untrue or the facts are concealed, at any stage in future.
4. That I shall not resort to ragging in any form at any place and shall abide by the rules/laws prescribed by the Courts, Govt. of India and Institute authorities for the purpose from time to time.

.....
(Signature of Student)

I hereby fully endorse the undertaking made by my child/ward.

.....
(Signature of Mother/Father and or Guardian)

Witness

.....
Signature of Mother/Father and or Guardian

Witness

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